SCMS School of Engineering and Technology

Women's Forum of SSET

REPORT ON TALK ON "CANCER AWARENESS AMONG YOUTH-DETAILS, REMEDIES AND PRECAUTIONS"

Date: 17.09.2023

The women's forum of SSET conducted a talk on the topic "Cancer Awareness among Youth-Details, Remedies and Precautions". This session was conducted on September 17th, 2023 from 2.00 pm to 3.00 pm at Seminar hall, SSET. Around 95 attendees, including students and faculties of the college. The programme was blessed with the presence of Dr.Philip George Kuttikat, Consultant Medical Oncologist, Apollo Adlux Hospital, the resource person for the event. Ms. Aksa Agi, S5CS1, delivered the welcome speech

Dr.Kuttikat explained the basics of cancer, including its types, and the mechanism of how cancer develops within the body. He used simple language and visuals to make the information accessible to all attendees. He discussed various factors that contribute to the development of cancer, such as genetic predisposition, lifestyle choices (e.g., smoking, diet), and environmental factors (e.g., exposure to carcinogens). Dr. Kuttikat emphasized the importance of preventive measures, including adopting a healthy lifestyle, undergoing regular screenings, and recognizing early warning signs. He also explained the significance of vaccination for certain types of cancer, such as HPV. The speaker provided an overview of cancer treatment modalities, including surgery, chemotherapy, radiation therapy, and immunotherapy. He stressed the importance of early diagnosis in improving the chances of successful treatment.

Dr.Kuttikat highlighted the importance of a support system for cancer patients and their families. He discussed the availability of support groups, counseling services, and informational resources.

The program concluded at 3.00 pm with a vote of thanks delivered by Ms. Ms Jesniya Jose, S5CO. The talk on "Cancer Awareness among Youth" by Dr. Philip George Kuttikat was a resounding success, providing valuable insights into cancer-related issues for the attendees. Dr.Kuttikat's expertise and ability to communicate complex medical information in an understandable manner greatly benefited the audience, particularly the youth.

Coordinator

SSET WOMEN'S FORUM in association with NSS





Tuesday 17.10.2023

SPEAKER **Dr.Philip George Kuttikat**

Consultant Medical Oncologist Apollo Adlux Hospital

Time 2.00pm-3.00pm

Venue Seminar hall AD-Block













Attendees List

SCMS SCHOOL OF ENGINEERING AND TECHNOLOGY VIDYA NAGAR, KARUKUTTY



WOMEN'S FORUM, SSET in Association with

CANCER AWARENESS AMONG YOUTH

17TH September 2023- Attendance Form

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Report of the Event: 'HERoic Engineers: Empowerment and Leadership"

Date & Time: 22-11-2023 (10 am – 12 noon)

Venue: Conference Hall, Administrative Block

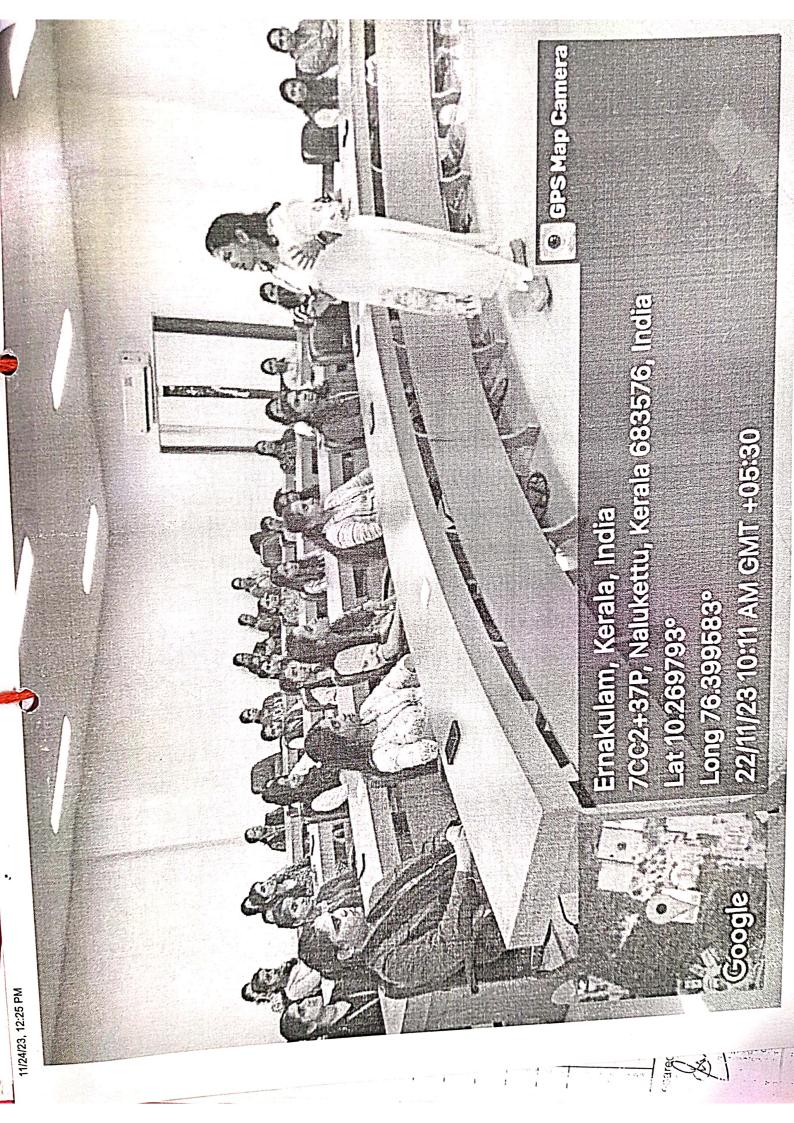
Resource Person Details: - Ms Begi Margret, Senior Principal Consultant, Infosys

Limited.

The talk on women empowerment by Ms. Begi Margret targeted female class representatives of SSET and representatives from various clubs such as IEDC, NSS, YUVA, etc. The overarching objective was to empower and inspire female students, fostering substantial personal and professional growth. The event welcomed female representatives from diverse backgrounds, promoting inclusivity and ensuring a broad representation of the female student body. Ms. Begi Margret underscored the transformative potential of the initiative, emphasizing its role in fostering significant personal and professional growth among female students. The talk aimed to motivate and empower women to excel in their academic pursuits and beyond. A key focus of the talk was to encourage and promote academic excellence among female students. The initiative sought to create an environment that values and supports the academic achievements of women. The talk aimed to nurture leadership capabilities, encouraging female students to take on leadership roles within the institution. The initiative aimed to provide insights and tools to enhance the communication skills of female students, empowering them in various aspects of their lives.

Ms. Begi Margret's presentation represented a noteworthy stride in advancing women's empowerment and leadership within the institution. The occasion, centering on academic excellence, leadership enhancement, and bolstering self-confidence, is anticipated to play a pivotal role in the holistic advancement and triumph of female students at SSET. The gathering was greeted by Ms. Aksa Santha, the IEDC student representative, while Ms. Sreelekshmi, the Women's Forum representative, expressed gratitude in the concluding vote of thanks. Prepared by Dr. Nuja. M. Unnikuishnan.

Faculty Coordinates: 1. Mr. Akhil Baby Davis. 2. Ms. Rong Tresa Davis.



Attendance Sheet.

	Sl No	Name of the student Branch San						
	1	Aysha Nourin	Branch	Semester	Signature			
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-	8	Richu Sussana	CSE 2	S3				
-	9	Soumya Sunil	CSE 2	S7	Jan David			
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	24	M Manjima	MCA	S5				
	25	Karen Mary Francis	CE2	S3	Mal			
	26	Meera M Pillai	CE2	S7 S7	Raveron			
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