

# Pranava '15 – Nurturing little minds:

H2O has recently launched a new social initiative called 'Pranava'. The project is aimed at moulding little minds to enhance their skill and character development, encouraging them to dream big. The project is also aimed at nurturing a positive change in the areas of children's education. The first phase of the project aimed at helping 34 girls at St. Mary's Balika Bhavan at Koratty, Thrissur District. A library with 308 books to start with was established in Balika Bhavan and H2O at SSET are focusing on providing a helping hand to imbibe the light of education in every child. Frequent visits were made by students and faculties to this orphanage during the past 1 year. Through these visits the student volunteers of h2o were able to get a larger world view and inculcated in them a sense of sharing. Career guidance classes, motivational sessions and craft workshops are given to them by our volunteers on a regular manner.

**THE NEW INDIAN EXPRESS**

## Helping Hands Org Members Visit Balika Bhavan Inmates

Express News Service



**Kochi:** 'Helping Hands Organization' (H2O), a social initiative started by the students of SCMS Engineering College has launched a new project called 'Pranava'.

The project is a social initiative by H2O aimed at nurturing a positive change in the areas of children's education. The project is aimed at helping 34 girls at St Mary's Balika Bhavan at Koratty by establishing a library with 308 books. The volunteers of H2O at SSET is focusing on providing a helping hand to imbibe the light of education in every child.

Frequent visits were made to orphanages by H2O during the past few years. This gave students the opportunity to spend a lot of time with the kids.

The purpose of these visits is to make students realise how, despite having nothing, these children are always smiling and happy and how they find endless hours of entertainment. The visit included long chats and mingling with children apart from the cultural programs and having lunch.

The visit ensured that the children find a lot of acquaintance and love from the students of H2O. Earlier, the team had organised a cancer detection camp at St Antony's Church, Eodakkuzha in Ernakulam, in association with Regional Cancer Centre Thiruvananthapuram. More than 100 people have been examined in the camp.

The effort was to create awareness on the preventive aspects of cancer, to educate people about the early signs of cancer to remove the fear attached to the disease. The team also organised a preventive homeo medicine distribution camp and health awareness class for the public against the spread of Dengue fever at Palissery and Eodakkuzha in Ernakulam.

**The members of H2O at SCMS with the children of St Mary's Balika Bhavan**



Members of H2O at SCMS with the children of St Mary's Balika Bhavan, where they set up a library.

## LEARNING BY SERVING

DC CORRESPONDENT

What do college students do when they are not studying up their lessons or revisiting their assignments? Banking classes and checking out the trails, you may say. Not necessarily. Some students from Kochi's SCMS Engineering College have been visiting orphanages and doing their bit for misery in their own small way in their free time.

They have an outfit called **Helping Hands Organisation (H2O)** that has been doing such projects for the last two years. The most recent one was called PRANAVA, which saw them interacting with the 34 girl children at St Mary's Balika Bhavan at Koratty and setting up a library of 308 books for them. The purpose of making the students aware of their own social status is to give them a larger world view and instill a sense of sharing in them. Of course, the poor children of these homes get empowered too.

Another initiative by these students was to organise a cancer detection camp at St Antony's Church, Eodakkuzha in Ernakulam district, in association with the Regional Cancer Centre. More than 100 people were examined at the camp. The idea was to drive home the preventive aspects and the need to detect the disease early. The students also organised a promotional health awareness class and health awareness class in light of the spread of Dengue fever at Palissery and Eodakkuzha in Ernakulam.

**Another initiative by members of H2O was to organise a cancer detection camp at St Antony's Church, Eodakkuzha in Ernakulam, in association with the Regional Cancer Centre**

























