

Dr Varun G Menon, Assoc Prof, Dept of Computer Science delivered a talk on “Self Confidence and Motivation” on 26th March 2018. The event was conducted by the Explora team for first year students of ECE Department. In his talk, he mentioned that the students need to be self- motivated to study, learn and to excel in life. Self-Motivation is the personal and the inner drive to succeed. It is the inner force or fire within the mind that keeps the individual pushing towards his goal, however difficult may be the task. Students were inspired and motivated by the real life stories quoted by Dr Varun. He concluded his session by providing valuable tips for boosting the self confidence among students.

