



6th Biennial International Conference on

AGING WELL (ICAW 2024)

**"Conscious Aging : Exploring the Concept
of Self-Worth among the Elderly"**

Conscious Aging: Living with Independence & Purpose

Population Aging is a global phenomenon resulting from the demographic transition towards longer lives and smaller families. The UN General Assembly declared 2021–2030 the Decade of Healthy Aging. Every person in every country in the world should have the opportunity to live a long healthy life with dignity & self -esteem. This conference emphasizes on viewing growing older as a life stage with purpose, vitality, and meaning of its own.



On

5st & 6nd January, 2024



SCMS Group of Educational Institutions,

Prathap Nagar, Muttom Aluva, Cochin - 683 106, Kerala, India.

Phone: 0484-2628000, 2623803/4

E-mail: icaw@scmsgroup.org Website: www.scmsgroup.org

Scope of the conference

Aging is not an event. There is no particular age at which we become “old”, Rather aging is a process that happens across our lifespan. Surveys reveal that the majority of people over 50 feel that they don’t feel old & they would be old not until 80. Life is changing yet, social norms & policymakers are slow to catch up. People at 50 or 60 do not signify someone with ailing health who cannot learn a new skill or offer valuable advice. “Old” is merely a stereotype & individuals age differently. Society should move on from stereotyped views that condition our perception of chronological age. Further recognizing & respecting the inherent dignity of people of all ages is the primary goal shared by societies around the world. How do we address the collective needs of the aging population while respecting each person’s individuality??

ICAW- 2024 offers an ideal forum for Researchers, Scholars, Practitioners, and Service providers to discuss the issues relating to aging & gerontology and empower people with their deep knowledge. This 2-day conference is geared towards a wide audience, aiming to explore the key issues facing older adults & their families & it would appeal to any individual who wants to learn more about how to plan for a “good life” as they & their families plan for a healthier & longer life. Submissions from multiple domains and varied perspectives are welcomed and encouraged.

SCMS

SCMS Group of Educational Institutions is a national leader in higher education, especially in Management, Engineering, and Technology. Inspired by its founder Dr. G.P.C Nayar's vision on value-based education, SCMS has a tradition of over 4 decades of sustained and focused pursuit of its objectives. There are about a dozen Institutions under its fold in diverse disciplines like Management, Engineering, Biotechnology, Architecture, Computer Applications, Polytechnics, and the like, operating from different locations in Kochi (Cochin) , Kerala, India.

Call for Abstracts

The conference invites abstract in the domain of geriatrics & gerontology. The papers will be peer-reviewed for their validity & original contribution and those which are accepted, can be presented.

Dates to Remember

Last date for Abstract submission: **15th November, 2023**
Announcement of acceptance of Abstracts: **30th November, 2023**
Full paper submission: **20th December, 2023**

Payment Details

Payment method - **Electronic Transfer / Google Pay**

Account Name : **SCMS Centre for Socio- Economic Research (SCENSER)**

Account Number : **30087005607**

State Bank of India, Woodlands Building, Apollo Junction, Kalamassery, Ernakulam- 683104

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Please give your name in the comments column while doing the online transaction.

Please note down the transaction reference number and include it in the registration form.

SCAN & PAY



Register Now

Online registration available. Delegates attending / presenting papers at the seminar are requested to register & make the registration fee through Electronic payment

Registration Fee for Participants:

Indian Nationals	Early bird offer till 5 th December, 2023	Regular Fee
Industry	₹ 2500	₹ 3000
Academician	₹ 2000	₹ 2500
Researcher **	₹ 1000	₹ 1500
Student **	₹ 500	₹ 750

International Participants	Early bird offer till 5 th December, 2023	Regular Fee
Industry	\$200	\$250
Academician	\$100	\$200
Researcher **	\$50	\$100

** Please scan & email the photo ID card from your respective institution/university.

Original ID card has to be produced during the conference.

Registration fee includes Registration Kit, High Tea, Lunch & Sunset Cruise at the Cochin backwater.

Themes for ICAW- 2024 include

Theme 1 :- Geriatrics & Gerontology

- Food and nutrition needs for the aging population.
- Medical Perspectives on Aging, Health, Wellness
- Management of chronic or age-related disease.
- Brain function & Cognition
- Family Structure, Relationships, and Responsibilities
- Spirituality, religious involvement, and mortality
- Sexuality & intimacy to fight oddities of aging
- Aesthetics & Rejuvenation

Theme 2 :- Public Policy and Community support

- Community Care System
- Defining and protecting the human rights of older people
- Civic engagement and volunteerism for the aged
- Securing for the future- Income security for elderly
- Age-friendly design for accessibility-initiatives for the public built environment

Theme 3 : - Information Technology and Management

- The biology and physiology of aging
- Food and nutrition needs
- Brain function and cognition
- Management of chronic age related disease
- Regenerative and anti aging interventions
- Genetics and aging
- Medications, dietary supplements

Topics are not restricted to the above. We welcome other research papers related to aging. The outstanding paper will be awarded "The Best Paper Award".

Organising Committee

Patron

Dr. G.P.C Nayar Chairman, SCMS Group of Educational Institutions, Kerala, India

Convener

Dr. Radha Thevannoor Director & Registrar, SCMS Group of Educational Institutions, Kerala

Advisory Committee

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Dr. Dulari S S Associate Professor, SCMS School of Technology & Management

Dr. Vrinda Menon Associate Professor, SCMS School of Technology & Management

Ms. Jomcy Thomas Assistant Professor, SCMS School of Technology & Management

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Please Contact for Clarifications:

Dr. Dulari S S +91 9846834888

Email : icaw@scmsgroup.org



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