Conscious Aging: Living with Independence & Purpose

Population Aging is a global phenomenon resulting from the demographic transition towards longer lives and smaller families. The UN General Assembly declared 2021–2030 the Decade of Healthy Aging. Every person in every country in the world should have the opportunity to live a long healthy life with dignity & self-esteem. This conference emphasizes on viewing growing older as a life stage with purpose, vitality, and meaning of its own.
Aging is not an event. There is no particular age at which we become “old”. Rather aging is a process that happens across our lifespan. Surveys reveal that the majority of people over 50 feel that they don’t feel old & they would be old not until 80. Life is changing yet, social norms & policymakers are slow to catch up. People at 50 or 60 do not signify someone with ailing health who cannot learn a new skill or offer valuable advice. “Old” is merely a stereotype & individuals age differently. Society should move on from stereotyped views that condition our perception of chronological age. Further recognizing & respecting the inherent dignity of people of all ages is the primary goal shared by societies around the world. How do we address the collective needs of the aging population while respecting each person’s individuality??

ICAW- 2024 offers an ideal forum for Researchers, Scholars, Practitioners, and Service providers to discuss the issues relating to aging & gerontology and empower people with their deep knowledge. This 2-day conference is geared towards a wide audience, aiming to explore the key issues facing older adults & their families & it would appeal to any individual who wants to learn more about how to plan for a “good life” as they & their families plan for a healthier & longer life. Submissions from multiple domains and varied perspectives are welcomed and encouraged.

SCMS

SCMS Group of Educational Institutions is a national leader in higher education, especially in Management, Engineering, and Technology. Inspired by its founder Dr. G.P.C Nayar's vision on value-based education, SCMS has a tradition of over 4 decades of sustained and focused pursuit of its objectives. There are about a dozen Institutions under its fold in diverse disciplines like Management, Engineering, Biotechnology, Architecture, Computer Applications, Polytechnics, and the like, operating from different locations in Kochi (Cochin), Kerala, India.

Call for Abstracts

The conference invites abstract in the domain of geriatrics & gerontology. The papers will be peer-reviewed for their validity & original contribution and those which are accepted, can be presented.

Dates to Remember

- Last date for Abstract submission: 15th November, 2023
- Announcement of acceptance of Abstracts: 30th November, 2023
- Full paper submission: 20th December, 2023

Payment Details

Payment method - Electronic Transfer / Google Pay
Account Name: SCMS Centre for Socio-Economic Research (SCENSER)
Account Number: 30087005607
State Bank of India, Woodlands Building, Apollo Junction, Kalamassery, Ernakulam- 683104
IFSC Code: SBIN0010110
SWIFT Code: SBININBB395
Please give your name in the comments column while doing the online transaction. Please note down the transaction reference number and include it in the registration form.

Register Now

Online registration available. Delegates attending / presenting papers at the seminar are requested to register & make the registration fee through Electronic payment
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**Please scan & email the photo ID card from your respective institution/university. Original ID card has to be produced during the conference.**

Registration fee includes Registration Kit, High Tea, Lunch & Sunset Cruise at the Cochin backwater.

### Registration Fee for Participants:

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<th>Indian Nationals</th>
<th>Early bird offer till 5th December, 2023</th>
<th>Regular Fee</th>
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** Early bird offer till 5th December, 2023

Indian Nationals: ₹ 2500 | ₹ 3000
Academician: ₹ 2000 | ₹ 2500
Researcher: ₹ 1000 | ₹ 1500
Student: ₹ 500 | ₹ 750

International Participants: $200 | $250
Academician: $100 | $200
Researcher: $50 | $100

** Themes for ICAW- 2024 include**

**Theme 1: - Geriatrics & Gerontology**
- Food and nutrition needs for the aging population.
- Medical Perspectives on Aging, Health, Wellness
- Management of chronic or age-related disease.
- Brain function & Cognition
- Family Structure, Relationships, and Responsibilities
- Spirituality, religious involvement, and mortality
- Sexuality & intimacy to fight oddities of aging
- Aesthetics & Rejuvenation

**Theme 2: - Public Policy and Community support**
- Community Care System
- Defining and protecting the human rights of older people
- Civic engagement and volunteerism for the aged
- Securing for the future- Income security for elderly
- Age-friendly design for accessibility-initiatives for the public built environment

**Theme 3: - Information Technology and Management**
- The biology and physiology of aging
- Food and nutrition needs
- Brain function and cognition
- Management of chronic age related disease
- Regenerative and anti aging interventions
- Genetics and aging
- Medications, dietary supplements

Topics are not restricted to the above. We welcome other research papers related to aging. The outstanding paper will be awarded “The Best Paper Award”.
Organising Committee

Patron

Dr. G.P.C Nayar Chairman, SCMS Group of Educational Institutions, Kerala, India

Convener

Dr. Radha Thevannoor Director & Registrar, SCMS Group of Educational Institutions, Kerala

Advisory Committee

Dr. Sreenivasa Kamath President, IMA Kochi
Dr. Baby Chakrapani Director Centre for Neuroscience & Assistant Professor

Co-ordinators

Dr. Dulari S S Associate Professor, SCMS School of Technology & Management
Dr. Vrinda Menon Associate Professor, SCMS School of Technology & Management
Ms. Jomcy Thomas Assistant Professor, SCMS School of Technology & Management

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SCMS Institute for Road Safety & Transportation

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